## What shall we do unto thee, that the sea may be calm unto us?

Jonah 1:11—*Then said they unto him, What shall we do unto thee, that the sea may be calm unto us? for the sea wrought, and was tempestuous.*

12—*And he said unto them, Take me up, and cast me forth into the sea; so shall the sea be calm unto you: for I know that for my sake this great tempest is upon you.*

## Take me up, and cast me forth into the sea

* And the sea ceased from her raging.

Jonah 1:15 So they took up Jonah, and cast him forth into the sea: and the sea ceased from her raging.

Disobedience must be dealt with to have calm waters

Selfless obedience to the Word of God would take Jonah directly to Nineveh but because of his selfishness he must learn a lesson in the deep.

Mat. 16:24—*Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.*

25*—For whosoever will save his life shall lose it: and whosoever will lose his life for my sake shall find it.*

* *for I know that* ***for my sake*** *this great tempest is upon you.*
* lose his life **for my sake** shall find it.

Rom. 15:30*— Now I beseech you, brethren, for the Lord Jesus Christ's sake, and for the love of the Spirit, that ye strive together with me in your prayers to God for me;*

1Cor. 4:10*—We are fools for Christ's sake, but ye are wise in Christ; we are weak, but ye are strong; ye are honourable, but we are despised.*

2Cor. 12:10*—Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong.*

Eph. 4:32*—And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.*

* *waters compassed me about Trouble*
* *the depth closed me round about, Distress*
* *The weeds Evil*
* *the weeds were wrapped about my head Confusion*

*Weeds, Head (Confusion)—*Confused mind, Evil thoughts, results of selfish thinking

Jonah 2:5*—The waters compassed me about, even to the soul: the depth closed me round about, the weeds were wrapped about my head.*

***“I went down”***

Jonah 2:6*—I went down to the bottoms of the mountains; the earth with her bars was about me for ever: yet hast thou brought up my life from corruption, O LORD my God.*

Face the storm alone or look to the Lord in Prayer

Jonah 2:4—*Then I said, I am cast out of thy sight; yet I will look again toward thy holy temple.*

7*—When my soul fainted within me I remembered the LORD: and my prayer came in unto thee, into thine holy temple.*

Psalms 18:6*—In my distress* ***I called*** *upon the LORD,* ***and cried*** *unto my God: he heard my voice* ***out of his temple****, and* ***my cry came before him, even into his ears.***

Psalms 73:17*—Until I went into the sanctuary of God; then understood I their end.*

Psalms 11:4*—The LORD is in his holy temple, the LORD'S throne is in heaven: his eyes behold, his eyelids try, the children of men. 5—The LORD trieth the righteous: but the wicked and him that loveth violence his soul hateth. 6—Upon the wicked he shall rain snares, fire and brimstone, and an horrible tempest: this shall be the portion of their cup. 7—For the righteous LORD loveth righteousness; his countenance doth behold the upright.*

*Ps 143:9 Deliver me, O LORD, from mine enemies: I flee unto thee to hide me. {flee...: Heb. hide me with thee}*

Ps 139:3 Thou compassest my path and my lying down, and art acquainted with all my ways.

There is chaff in all our wheat, The Lord surrounds, winnows and selects wheat. Until judgment: Jer. 4:11 At that time shall it be said to this people and to Jerusalem, A dry wind of the high places in the wilderness toward the daughter of my people, not to fan, nor to cleanse, Jer 4:22 For my people is foolish, they have not known me; they are sottish children, and they have none understanding: they are wise to do evil, but to do good they have no knowledge. Hebrews 4:12 For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.

2Co 4:2 But have renounced the hidden things of dishonesty, not walking in craftiness, nor handling the word of God deceitfully; but by manifestation of the truth commending ourselves to every man's conscience in the sight of God.

1Ti 1:5 Now the end of the commandment is charity out of a pure heart, and of a good conscience, and of faith unfeigned:

1Ti 4:1 Now the Spirit speaketh expressly, that in the latter times some shall depart from the faith, giving heed to seducing spirits, and doctrines of devils;2 Speaking lies in hypocrisy; having their conscience seared with a hot iron;

Heb 13:18 Pray for us: for we trust we have a good conscience, in all things willing to live honestly.5:14 But strong meat belongeth to them that are of full age, even those who by reason of use have their senses exercised to discern both good and evil.

* Guard your conscience

Joh 2:24 But Jesus did not commit himself unto them, because he knew all men,25 And needed not that any should testify of man: for he knew what was in man.

The devil sows tares, sifts, subtle,

Luke 22:31 And the Lord said, Simon, Simon, behold, Satan hath desired to have you, that he may sift you as wheat:32 But I have prayed for thee, that thy faith fail not: and when thou art converted, strengthen thy brethren.